

## Mini Audio: Diaper Release Trigger

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When you hear me say 'Diaper Release' and think of a diaper, your body can release anything it's holding and allow you to have a wet, poopy, or even a sticky accident - whatever your body needs to release at the moment.

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Welcome. It's time for another mini audio with champ. I hope you're ready to enjoy a little bit of fun as we go into trance, down down, take you down into a nice deep trance.

I count down from 10... 9... getting warm and relaxed... 8... 7... eyes drooping now if they're not closed already 6... 5... feeling that trance, that familiar relaxing feeling 4... coming back 3... spreading over your body 2 and a nice big smile as you go 1... back down into trance on 0... 0... down down down... deep into trance... listening to my words... following along....

Today I'm going to give you a fun little trigger. The trigger word is **diaper release**. And when the words diaper release reach your ears... the words diaper release can remove any tension you are feeling so that you are totally relaxed. And you can just relax, even as you think about messing your pants. You don't have to worry about messing your pants.

The words **diaper release**, along with the image of a diaper, or even the thought of a diaper signal your body and especially your bladder and bowels to **relax and release all urine and poop**... The words diaper release send a signal straight from the diaper to your bladder and bowels bypassing your conscious state. The words diaper release signal your body to relax and release all that it is holding.

Whenever you hear me say 'diaper release', your body will relax and release any and all poop, urine, and maybe even cum. Whenever you hear me say 'diaper release' and see a diaper, or even imagine one, you can relax and release any and all poop, urine, and maybe even cum. Whatever your body needs to release. Whenever you think of

diapers, and hear the words 'diaper release', you can' relax and release any and all poop, urine, and even cum. Whatever your body needs to release.

When you hear me say diaper release... Feel every muscle down there relaxing even more than before, feel that path opening up, your bladder and bowels opening up. Allowing everything to just go... Exit your body... Letting go. Let it all out.

Whenever you hear me say 'diaper release' your body will relax and release anything it is holding in. And once it starts, it won't stop. When you start filling your pants with pee or poop, your body wants to finish. And you won't stop until it's finished, even if you try. The harder you try to stop it, the easier it becomes for your body to release and wet, mess, or cum while your mind is focused elsewhere. Once it starts, it won't stop. When you hear the words diaper release. When you start filling your pants with pee or poop, your body wants to finish. When you hear me say the words diaper release and imagine a diaper, it's easy to pee without control. When you hear me say the words diaper release and imagine a diaper, it's easy to mess without control. When you hear me say the words diaper release and think about a diaper, it's easy to cum without control.

And it's okay to have a poopy accident. It's okay to have a poopy accident. It's okay to have a poopy accident.

It's okay to have a peepee accident. It's okay to have a peepee accident. It's okay to have a peepee accident.

And it's okay to have a sticky accident. It's okay to have a sticky accident. It's okay if that's what your body needs. Your body decides for you, and it's okay to have a sticky accident.

Now, on the count of five, I'm going to bring you up out of trance. We'll bring you up out of trance on the count of five where you can return to your normal waking state in 1... 2... 3... 4, coming up now... 5... Awake and alert. Refreshed. Remembering the special trigger of diaper release. Have fun making accidents in your pants.